



Frode Henning Antonsen

Partner

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Expertise areas

Baurecht

Energie, Schifffahrt und Offshore

Dispute resolution and litigation

Frode Henning Antonsen has specialised in contract law especially in construction, shipbuilding, manufacturing and supply agreements in various industries (both counseling contracts and construction contracts). He advises both in negotiations and contract signing, following up in the contract period and dispute resolution. This also covers strategic assistance in each case. Frode Henning assists both public and private enterprises.

Frode Henning has also expertise in public procurement, real estate law and corporate law. He also assists the supplier industry both in terms of onshore and offshore enterprises, i.e. the solar industry and wood processing.

Frode Henning assists several major contractors, builders and suppliers/buyers of technical equipment. He has broad experience regarding cases for a number of toll operators in Norway both in terms of corporate law, contract law and by acquisitions. He also has experience in real estate transactions and structuring processes. He assists the municipal sector with advice within signing of contracts, construction law and real estate, including development agreements.

Frode Henning regularly litigates cases for public and private clients both for the ordinary courts and for arbitration tribunals.

Furthermore, Frode Henning is a lecturer at the Folkeuniversitetet in Trondheim (Bachelor/Master's degree in Law at the Universities of Oslo and Tromsø) within contract law for the freshmen and contract law/ property law for the 3rd year students. He has also lectured in the law of damages. He also features regular courses in contract law, public procurement and construction law.

Work experience

- 2008–
● **SANDS Advokatfirma DA**
Partner
- 1997–2007
● **Advokatfirmaet Steenstrup Stordrange DA**
Senior Associate | Associate
- 1995–1996
● **University of Oslo, Institute of Public and International Law**
Research assistant
- 1990–1996
● **Norwegian Armed Forces**
Compulsory service (1 year) and brief engagements

Education

- 1997

● **University of Oslo**
Cand. jur.
- 1995

● **Rijksuniversiteit Leiden, the Netherlands**
Studies in EU law and energy law
- 1989–1990

● **The Officer Training School for Army Combat Service and Support, BSHTI**
Logistics

Awards

- 2024

● **Legal 500**
Recommended lawyer in the category “Construction”
- 2024

● **Legal 500**
Recommended lawyer in the category “Fishing and aquaculture”