



Ingrid Knudsen By Rise

Senior Associate

Ingrid K. By Rise is affiliated with the firm's employment law group. She assists companies within a wide range of employment-related issues, including individual disputes, restricting and downsizing processes, M&A and dispute resolution.

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Expertise areas

Employment law

Work experience

2019–

● **SANDS Advokatfirma DA**

Senior Associate | Associate

Education

2019

● **University of Bergen**

Master of Laws