



Fredrik Nyland

Senior Associate

Fredrik Lunde Nyland is Senior Associate at SANDS in Tønsberg and is part of the firm's construction law group.

He provides ongoing legal consulting in building and construction projects, including the Norwegian Standard contracts NS 8405, 8406 and 8407. Fredrik also assists in drafting contracts and he litigates contract disputes before Norwegian courts.

Fredrik has held several political positions, including 8 years as a municipal council representative.

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Expertise areas

Baurecht

Versicherung

Work experience

2019 - today

- **SANDS Advokatfirma DA**
Associate

2019

- **Fet Municipality**
Municipal Council Representative

2014 - 2019

- **Law Library**
Secretary

2012

- **Brigade Nord**
Union Representative

Education

2019

- **University of Oslo**
Master of laws