



Maria Elena Kvalen

Partner

✉ mek@sands.no

☎ +47 70 10 75 55

Maria Elena Kvalen is partner at SANDS and has more than ten years of experience as a labor law attorney. Maria is particularly experienced when it comes to assisting employers with handling of cases concerning termination of employment, downsizing and change processes. Her experience also includes assisting employers on maritime employment law matters and she has assisted several shipping companies with downsizing. Maria litigates cases frequently and is also regularly engaged as a speaker and teacher. Amongst others, she has been teaching labor law subjects at the Norwegian School of Economics (NHH) and the Norwegian University of Science and Technology (NTNU).

Maria holds the honorary posts as board member of the football clubs AaFK and AaFK Fortuna.

Expertise areas

Arbeitsrecht

Interne Untersuchungen

Compliance und
Risikomanagement

Work experience

2021 -

- SANDS Advokatfirma DA
Partner

2016 - 2021

- SANDS Advokatfirma DA
Senior Lawyer

2009 - 2013

- SANDS Advokatfirma DA
Associate | Senior Associate

Education

2009

- University of Bergen
Master of Laws

Memberships / Posts

2018 -

- Board positions: Aalesunds Fotballklubb
Board member

2018 -

- Ålesund Fotball AS
Board member

2018 -

■ **AaFK Sponsorservice AS**

Board member

2019 -

■ **AaFK Fortuna**

Chairman of the board