



# Fredrik Nyland

## Senior Associate

Fredrik Lunde Nyland is Senior Associate at SANDS in Tønsberg and is part of the firm's construction law group.

He provides ongoing legal consulting in building and construction projects, including the Norwegian Standard contracts NS 8405, 8406 and 8407. Fredrik also assists in drafting contracts and he litigates contract disputes before Norwegian courts.

Fredrik has held several political positions, including 8 years as a municipal council representative.

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### Expertise areas

Construction law

Insurance

### Work experience

- |                                                        |             |
|--------------------------------------------------------|-------------|
| ■ SANDS Advokatfirma DA<br>Senior Associate            | 2021 -      |
| ■ SANDS Advokatfirma DA<br>Associate                   | 2019 - 2021 |
| ■ Fet Municipality<br>Municipal Council Representative | 2019        |
| ■ Law Library<br>Secretary                             | 2014 - 2019 |
| ■ Brigade Nord<br>Union Representative                 | 2012        |

### Education

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| ■ University of Oslo<br>Master of laws | 2019 |
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