

\square	bny@sands.no	

+47 22 81 45 38

+47 90 66 33 49

Expertise areas

Commercial property

Work experience

2023– SANDS Advokatfirma DA

Partner

2018-2023

BSN Advokatfirma Partner

2015-2018

Advokatfirma Føyen Torkildsen AS Partner

2005-2015

Advokatfirmaet Torkildsen & Co AS Partner

2001-2005

Simonsen Føyen DA Senior Associate

1999-2001

Advokatfirmaet Føyen ANS Associate lawyer

1998–1999

The high Command of the armed forces

Associate lawyer

Børge Nygårdshaug Partner

Børge Nygårdshaug is a part of the firm's Commercial property team. He has extensive experience in commercial real estate, especially related to M&A, real estate development, financing, portfolio-restructuring and lease agreements.

Education

1998

University of Oslo Master of Laws

1997

University of Edinburgh
EC-law, Commercial Law and Commercial Real estate law

Awards

2024

Legal 500

Recommended lawyer in the category "Real estate"